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"Reaching the summit is optional. Getting down is mandatory."
Ed Viesturs

Personal Clothing & Equipment – Rock Climbing – Suggested List

Climbing shoes

Base-layer top (Synthetic or synthetic/wool blend. Never cotton – "cotton kills")
Socks
Trousers (possibly light soft-shell), flexible enough to allow full range of movement
Fleece/insulation layer (x2 if weather is cold)
'Belay jacket' – warm, insulated jacket to fit over all other clothes (if weather is cold)
Walking boots/approach shoes/trainers
Hat (should fit under helmet)
Fleece buff or scarf
Warm gloves
Hard-shell waterproof jacket
Waterproof over-trousers

Climbing harness (if you already own one)
Climbing helmet (if you already own one)
Climbing hardware, including belay device (if you already own them)

Camera and case (optional)
Mobile phone and waterproof case (optional)
Head-torch plus spare batteries

Rucksack – probably 30-40 litres
Dry-bags for packing stuff in
Personal medication (and simple treatments, eg blister kit)

Thermos flask and/or hydration pack/water bottle
Lunch snacks
Notebook & pen

Recommended reading:

http://www.mountain-training.org/publications/rock-climbing